

Full Transcript – “How to Use MediCare”

Video Title: The Importance of Vaccines When Traveling **Video URL:**

<https://www.youtube.com/watch?v=qtKj5on6dY0>

AD: Animated video title on screen with a health center logo and a suitcase. The background is a world map. Then, a three-point index appears on the screen.

Good morning, today we are going to talk to you about the importance of getting vaccinated when traveling. Below, we present an outline of the topics we'll be discussing.

AD: An animation of a globe highlighting different continents is shown, followed by an illustration of a person visiting a doctor's office.

Did you know that each continent has different diseases? That's why, before traveling, the best way to take care of yourself is through prevention. And prevention begins with a visit to an international vaccination center.

AD: A schematic illustration appears showing how the vaccine introduces an attenuated or inactive pathogen, and then how the immune system generates antibodies.

Vaccines are substances that prepare our bodies to defend themselves against viruses and bacteria without making us sick. Thanks to them, our immune system learns to recognize the enemy and protect us effectively.

AD: A group of people of diverse ages and origins is shown, symbolizing herd immunity. The words "Collective Responsibility" are highlighted.

But getting vaccinated is not just a personal decision—it's also an act of collective responsibility. By doing so, we reduce infections, protect those around us, and contribute to a safer global health environment.

AD: A world map lights up in the mentioned regions (Africa, Asia, Latin America). Icons for dengue, cholera, and malaria are shown. The names of the vaccines Mosquirix and R21/Matrix-M appear on the screen.

For example, diseases such as dengue, cholera, or malaria—which we will discuss next—continue to affect regions in Africa, Asia, and Latin America. In the case of

malaria, vaccines approved by the WHO already exist, such as Mosquirix and the more recent R21/Matrix-M, which has higher efficacy.

AD: A calendar is highlighted with a circle on a date six weeks prior. A syringe and an international vaccination passport are shown.

Before your trip, remember to see a doctor at least six weeks in advance. Some vaccines require multiple doses or an international certificate.

AD: The screen changes to a clean background with a three-point summary.

In summary: traveling informed means traveling safely. Always consult a healthcare professional, keep your vaccinations up to date, and take care of your well-being wherever you go.

AD: Fade to black with the medical center logo and the final sentence in white. End of video.

Because your health... has no borders.